

NOVEMBER 2006

MIDDLE SCHOOL LUNCH MENU

Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast price \$1.00 Lunch Price \$2.25 – Monthly payment - \$42.75 Visit www.weblunch.net to view account balances or make pre-payment into accounts.		1 Shells with sauce, meat sauce or cheese Wheat Roll Garden salad Fruit	2 Stonington Grinder Lettuce and Tomato Pretzels Teddy Grams Fruit	3 Deluxe Pizza or Cheese Pizza Tossed Salad Shape ups or fruit
6 Toasted Cheese Sandwich Variety of Soups Vegetable sticks Fruit	7 Popcorn Chicken Steamed Rice Green Beans Wheat roll Fruit	8 Rotini with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	9 BBQ Rib-lets Baked Potato Corn Texas garlic toast Fruit or juice	10 Veteran's Day No School
Alternative meal – Assorted sandwiches, salad, pizza and more!				
13 Chicken Patty Sand. on wheat roll Lettuce and Tomato Oven Fries Fruit	14 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	15 Ziti with sauce, meat sauce or cheese Bread stick Mixed Green Salad Fruit	16 Stonington Grinder Lettuce and Tomato Baked Chips Animal crackers Fruit	17 Sausage Pizza or Cheese Pizza Vegetable Dippers Shape ups or fruit
<i>No Charging of meals allowed– Menu subject to changes</i>				
20 Teriyaki Dippers Steamed Rice Seasoned corn Dinner roll Fruit	21 Cheese omelets Buttermilk biscuits Tater tots Sausage links Fruit or Juice	23 ½ day Pepperoni pizzatas or Cheese Pizza Tossed Salad Shape ups or fruit	24	25 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Happy Thanksgiving to all! Enjoy the pleasant company of your family and friends. </div>
27 Cheeseburger on a wheat bun Oven fries Condiments Lettuce and tomato Fruit	28 Chicken strips Whipped Potatoes Seasoned carrots Wheat Roll Applesauce	29 Spirals with sauce, meat sauce or cheese Wheat Roll Tossed Salad Fruit	30 Stonington Grinder Lettuce and Tomato Baked cheetos Oatmeal cookie Fruit	

Variety of ½ pint low-fat milk is offered with all meals