

October 2006

ELEMENTARY SCHOOL LUNCH MENU Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
2 Hot Dog on a Bun Potato Tots Condiments Beans Fruit Fudgicle	3 Popcorn Chicken Poppers Whipped Potatoes Gravy Green Bean Cinnamon Apples	4 Shells with sauce, meat sauce or cheese Wheat roll Garden salad Fruit	5 Stonington Grinder Lettuce and Tomato Pretzel poppers Fruit	6 Pepperoni Pizzata's Cheese Pizza Tossed Salad Shape ups or fruit
Variety of ½ pint low fat milk is offered with all meals				
9 <i>Columbus Day</i> <i>No School</i>	10 Cheeseburger on a whole wheat bun Oven fries Condiments Lettuce and tomato Fruit	11 Rotini with sauce, meat sauce or cheese Garlic Bread Tossed Salad Fruit	12 Stonington Grinder Lettuce and Tomato Baked Doritos Fruit	13 Vegetable Pizza or Cheese Pizza Veggie Dippers Shape ups or fruit
Visit www.weblunch.net to view account balances or make on line deposits.				
16 Chicken Patty Sand. on whole wheat bun Lettuce, Tomato & cheese Oven Fries Fruit	17 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	18 Ziti with sauce, meat sauce or cheese Whole wheat Bread Stick Mixed Green Salad Fruit	19 Stonington Grinder Lettuce and Tomato Baked Potato chips Fruit	20 Pepperoni Pizzata's or Cheese Pizza Tossed Salad Shape ups or fruit
Alternative meal – Assorted sandwiches, salad or fruit and yogurt plate!				
23 Toasted Cheese Sandwich Soup Vegetable sticks Fruit Sherbert	24 Teriyaki Dippers Steamed Rice Seasoned Corn Fruit Wheat roll	25 Penne pasta with sauce, meat sauce or cheese Wheat roll Tossed Salad Fruit	26 Stonington Grinder Lettuce and Tomato Baked Cheetos Fruit	27 Sausage Pizza or Cheese Pizza Vegetable Dippers Shape ups or fruit
No Charging of meals allowed- Menu subject to changes				
30 Chicken strips Whipped Potatoes Gravy Green Beans Fruit	31 <i>Halloween!</i> Brunch for Lunch Cheese omelet Buttermilk biscuit Sizzled Ham Fruit or Juice	Breakfast - \$.75 Lunch - \$2.00 Monthly payment \$ 42.00 Please include your child's PIN numbers on all pre-payment checks, envelopes or travel lunch forms. Thank you!		