

NOVEMBER 2007

HIGH SCHOOL LUNCH MENU

Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch - \$2.25 Monthly - \$42.75 Breakfast -\$1.25 Monthly \$23.75 Daily milk price - \$.50 Adult lunch - \$3.00 Please make sure your child has money for lunch or breakfast, or money in their school meals account. There is no charging of meals allowed.			1 Chicken Strips Whipped potatoes Gravy Green Beans Wheat roll Fruit	2 Deluxe Pizza or Cheese Pizza Veggie Dippers Shape ups or fruit
5 Chicken Patty Sand. on wheat roll Lettuce and Tomato Oven Fries Fruit	6 Teriyaki Dippers Whipped potatoes Dinner roll Seasoned Corn Fruit	7 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	8 Mozzarella sticks Bread Stick Dipping sauce Veggie dippers Fruit or juice	9 Pepperoni Pizza or Cheese Pizza Vegetable dippers Shape ups or fruit
Visit www.weblunch.net to view account balances or make pre-payment into accounts.				
12 Veteran's Day Holiday	13 Brunch for Lunch French Toast Hash Brown Sizzled Ham Fruit or Juice	14 Roast Turkey Whipped Potatoes Gravy Wheat Roll Corn Fruit	15 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	16 Sausage Pizza or Cheese Pizza Vegetable Dippers Shape ups or fruit
<i>No Charging of meals allowed- Menu subject to changes</i>				
19 Cheeseburger on a bun Oven fries Condiments Lettuce and tomato Fruit	20 Popcorn chicken Whipped Potatoes Seasoned carrots Wheat roll Applesauce or juice	21 $\frac{1}{2}$ Day Breakfast only. No lunch served today.	22 Thanksgiving Holiday Recess	23 No School Today!
Variety of $\frac{1}{2}$ pint low-fat milk is offered with all meals				
26 Hot Dog on a Bun Potato Tots Condiments Veggie Dippers Fruit	27 Beef or chicken soft shell taco Seasoned Rice Shredded lettuce, tomato and cheese Fruit	28 Toasted Cheese Sandwich Variety of Soups Vegetable sticks Fruit or juice	29 Build your own Baked Potato Bar Chili, cheese, bacon, broccoli, onions Jell-o Fruit	30 Pepperoni Pizza or Cheese Pizza Vegetable dippers Shape ups or fruit
Alternative menu – Pasta, grinders, salad bar, pizza, hamburgers, hotdogs, soup and grill specials				