

SEPTEMBER 2007
HIGH SCHOOL LUNCH MENU
Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day – No School	4 Popcorn Chicken Steamed rice Green Beans Wheat roll Fruit	5 Hard or soft shell tacos with beef Steamed rice Shredded lettuce, tomato & cheese Fruit or juice	6 Deluxe Pizza or Cheese Pizza Tossed Salad Shape ups or fruit	7 <u>Picnic Day</u> Hamburgers Hot dogs Chips Milk Juice
<i>No Charging of meals allowed– Menu subject to</i>				
10 Chicken Patty Sand. on wheat roll Lettuce and Tomato Oven Fries Fruit	11 Teriyaki Dippers or Beef Rib-lets Baked Potato Bar Seasoned Corn Fruit	12 Cheese Cal-zone Marinara sauce Tossed Salad Fruit or juice Jell-o	13 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	14 Pepperoni Pizza or Cheese Pizza Tossed Salad Shape ups or fruit
Alternative meal – grilled hamburgers, hot dogs, grinders bar, pasta bar, salad bar or cereal/yogurt lunch				
17 Toasted Cheese Sandwich Variety of Soups Vegetable sticks Fruit	18 Brunch for Lunch French Toast Hash Brown Sizzled Ham Fruit or Juice	19 Mozzarella sticks Bread Stick Dipping sauce Veggie dippers Fruit or juice	20 Hard or soft shell chicken tacos Steamed rice Shredded lettuce, tomato & cheese Fruit	21 Sausage Pizza or Cheese Pizza Vegetable Dippers Shape ups or fruit
Visit www.weblunch.net to view account balances or make pre-payment into accounts.				
24 Cheeseburger on a bun Oven fries Condiments Lettuce and tomato Fruit	25 Chicken strips Whipped Potatoes Seasoned carrots Wheat roll Applesauce or juice	26 Spicy Chicken Sandwich on a whole wheat roll. Lettuce & Tomato Oven Fries Fruit or juice	27 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	28 Pepperoni Pizza or Cheese Pizza Tossed Salad Shape ups or fruit
Variety of ½ pint low-fat milk is offered with all meals				
Daily lunch price - \$2.25 Monthly - \$42.75 Daily breakfast price - \$1.25 Monthly - \$23.75 Monthly price breakfast and lunch - \$66.50 Daily milk price - \$.50 Adult lunch - \$3.00				