

SEPTEMBER 2008
HIGH SCHOOL LUNCH MENU
Stonington Public School's Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day – No School	2 Popcorn Chicken Steamed rice Green Beans Wheat roll Fruit	3 Hard or soft shell tacos with beef Steamed rice Shredded lettuce, tomato & cheese Fruit or juice	4 Deluxe Pizza or Cheese Pizza Tossed Salad Shape ups or fruit	5 <u>Picnic Day</u> Hamburgers Hot dogs Chips Milk Juice
<i>No Charging of meals allowed– Menu subject to</i>				
8 Chicken Patty Sand. on wheat roll Lettuce and Tomato Oven Fries Fruit	9 Chicken Teriyaki Dippers Whipped Potatoes Seasoned Corn Fruit	10 Cheese Cal-zone Marinara sauce Tossed Salad Fruit or juice Jell-o	11 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	12 Pepperoni Pizza or Cheese Pizza Tossed Salad Shape ups or fruit
Alternative meal – grilled hamburgers, hot dogs, grinders bar, pasta bar, salad bar or cereal/yogurt lunch				
15 Toasted Cheese Sandwich Variety of Soups Jell-o Vegetable sticks Fruit	16 Brunch for Lunch French Toast Hash Brown Sizzled Ham Fruit or Juice	17 Mozzarella sticks Bread Stick Dipping sauce Veggie dippers Fruit or juice	18 Soft shell beef or chicken tacos Steamed rice Shredded lettuce, tomato & cheese Fruit	19 Sausage Pizza or Cheese Pizza Vegetable Dippers Shape ups or fruit
Use Payschools to view account balances or make pre-payment into accounts.				
22 Cheeseburger on a bun Oven fries Condiments Lettuce and tomato Fruit	23 Chicken strips Whipped Potatoes Seasoned carrots Wheat roll Applesauce or juice	24 Spicy Chicken Sandwich on a whole wheat roll. Lettuce & Tomato Oven Fries Fruit or juice	25 Nachos with seasoned beef Steamed rice Shredded lettuce, tomato & cheese Fruit	26 Pepperoni Pizza or Cheese Pizza Tossed Salad Shape ups or fruit
Variety of ½ pint low-fat milk is offered with all meals				
29 Hot Dog on a Bun Potato Tots Condiments Veggie Dippers Fruit	30 Mozzarella sticks Bread Stick Dipping sauce Veggie dippers Fruit	Daily lunch price - \$2.75 Monthly - \$57.75 Daily breakfast price - \$1.50 Daily milk price - \$.50 Adult lunch - \$3.50		