

Cross Country Runners,

Remember...

We have a meet at Cutler Middle School on
Thursday, October 5.

Be outside PMS no later than 3:00 pm.

Remind your parents, that you will need a ride home.
There is NO BUS ride back to PMS.

Bring your sneakers, a bottle of water, a light snack
for after the race, and your team uniform (red cross-
country t-shirt, black shorts, red hooded sweatshirt
and black sweatpants).

YOU MUST SIGN OUT WITH ONE OF THE
COACHES BEFORE LEAVING CUTLER.

If you will be leaving with someone other than your
parents, the coaches **MUST** have a note from your
parents.

Coaches Romano (572-5955x102) and
McCarthy(599-1916)